

Identify Your Transferable Skills

Career Center: Decide it. Experience it. Live it.

This exercise is designed to help you identify skills you possess.

This task will be particularly useful for marketing yourself to employers in interviews and cover letters.

Instructions: 1) Place a check mark next to each skill you feel you possess. Be sure to consider *all* settings in which you might have demonstrated each skill, including your college curriculum, extra-curricular activities, organizations/clubs, volunteer work and internship/work experience.

- 2) Review the items you have checked and circle your 10 strongest skills.
- 3) For each of the 10 skills selected, complete the reserve side of this sheet describing specific examples of how you have demonstrated this skill in the past.

ANALYTICAL	reflected	counseled	planned
analyzed	reported	fostered	prioritized
assessed	responded	guided	processed
compared	spoke in public	informed	recorded
critiqued	summarized	mentored	ran reports
devised	translated	served	scheduled
diagnosed	wrote	supported	
estimated		taught	PERSUASION
evaluated	CREATIVE	tutored	encouraged
identified	acted	trained	influenced
interpreted data	advertised	volunteered	mediated
investigated	authored		motivated
made decisions	conceptualized	LEADERSHIP	persuaded
observed	created	assigned	negotiated
predicted	designed	authorized	recruited
projected	developed	chaired	sold
proved	displayed	directed	
researched	entertained	delegated	TECHNICAL
reviewed	illustrated	enforced	assembled
screened	improvised	facilitated	constructed
solved problems	innovated	founded	compiled
studied	performed	handled a crisis	engineered
surveyed	produced	hired	installed
tested	promoted	implemented	inspected
thought critically		initiated	integrated
validated	FINANCIAL	managed change	operated
	appraised	presided	measured
COMMUNICATION	audited	recommended	programmed
communicated	balanced	supervised	repaired
conveyed	budgeted		upgraded
debated	calculated	ORGANIZATIONAL	
defined	earned	administered	ADDED VALUE
described	invested	categorized	adapted
drafted	merchandised	collected	enhanced
edited	raised funds	compiled	improved
explained	purchased	consolidated	maximized
interacted		coordinated	minimized
interviewed	HELPING	entered data	shaped
listened	advised	maintained	streamlined
presented	assisted	managed time	strengthened
published	coached	monitored	supplemented
read	collaborated	organized	updated

Transferable Skills	Part Time Jobs or Internships	Course Projects or Research	Extra-curricular Activitie & Volunteer Work
Delegated	Team Leader Applebee's- Oversaw the work of up to 10 other servers per shift	Marketing 453 Team Project-initiated leadership for team of 4 responsible for developing a marketing campaign	President of Fraternity- Delegated Tasks of 5 member executive board